

How to Improve Your Smile

In Just Two Dental Visits, Permanently and Painlessly

By Lisa Chontos

FOR ANY BRIDE SEEKING TO EITHER SLIGHTLY CHANGE OR DRAMATICALLY alter her smile, a new product called Lumineers® offers a permanent, painless solution. In only two dental visits, these porcelain veneers can transform stained, chipped or misaligned teeth into a picture-perfect smile.

As thin as a contact lens, Lumineers are placed over existing teeth, without any grinding or shaving. Unlike traditional veneers, these can be removed, and they can also be bonded over existing crowns or bridgework.

With a price comparable to the cost of traditional veneers, Lumineers also come with a 5-year warranty. They are strong enough to resist micro-leakage and micro-cracking, and clinical tests have shown they can last up to 20 years.

"It's very exciting," says local dentist Dr. Brian Hale. "We can very profoundly improve someone's smile without actually changing anything permanently. We're not changing the bite, moving teeth around, or grinding down teeth."

The procedure is simple. On the first visit, the dentist makes an impression of the teeth and sends the mold to a lab in California. Orders are normally filled in about 10 days, and rush orders can be filled in about 3 days. During a second visit, the veneers are fitted and bonded over the existing teeth with a natural curing light. Because the teeth are only slightly etched and the veneers are so thin, adjustment time is very short.

Dr. Hale recently fitted 16 Lumineers for his mother-in-law. Various crowns and


bridgework over the years had left her with nine different shades of teeth. Placing the veneers over those teeth restored her smile to one beautiful shade.

"That's a tough audience," Dr. Hale chuckles. "But now my wife and my mother-in-law are both very happy."

In about 90% of orthodontic cases, Lumineers can change the shape and alignment of teeth, making them look straighter and more uniform.

For brides who simply have a couple of chipped teeth or would like to close a few gaps between their teeth, a small number of veneers is the answer. As few as 4 veneers can be ordered, and they usually come in sets of 2, which makes them look very natural.

Dr. Hale recommends that people with veneers use low-abrasion toothpaste, but says another benefit is that they can eat and drink whatever they like. He adds that dental procedures are becoming more cosmetic and less invasive, and products like Lumineers are the future.

"In 1984, only 5% of dentists were bleaching teeth; today, 95% of them are. Within the next 10 years, Lumineers will be the standard in dentistry, and the old, invasive procedures will be a thing of the past," he says. 

Is your **SMILE** ready for those **WEDDING DAY** photos?



Get the perfect **SMILE** in just **TWO** Visits.

**No-Pain
No-Grinding
No-Shots**

LUMINEERS BY CERINATE is an easy cosmetic solution for stained, chipped, discolored, or misaligned teeth.

LUMINEERS BY CERINATE is a porcelain veneer that can be made as thin as a contact lens and is placed over existing teeth.



**LUMINEERS®
BY CERINATE**

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